# Psychological and Cultural Conflicts in *A Passage to India*: A Study of Identity and Belonging

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#### Abstract

In E.M. Forster's A Passage to India, psychological and cultural conflicts are central to the narrative, exploring the complexities of identity and belonging amidst British colonial rule in India. The novel delves into the friction between the colonialists and the native population, revealing the deep-seated prejudices and misunderstandings that shape their interactions. The psychological conflict emerges through characters grappling with their own identities within the constraints of societal expectations and colonial power dynamics. Forster illustrates how personal and collective identities are fragmented by the overarching cultural divide.

The novel's setting—the fictional town of Chandrapore—serves as a microcosm of the larger conflict between East and West. Through characters like Dr. Aziz and Mrs. Moore, Forster examines the struggle for belonging in a world marked by cultural dissonance and power imbalances. Aziz's quest for self-assertion and the British characters' attempts to maintain control highlight the personal and cultural disjunctions that arise from colonialism. Ultimately, A Passage to India portrays the challenges of reconciling different cultural identities and the human yearning for connection in a fragmented world, underscoring the profound effects of colonialism on individual and collective senses of belonging.

### Keywords: Psychological Conflict, Cultural Conflict, Identity, Belonging and Colonialism

E.M. Forster (1879–1970) was a prominent English novelist and essayist known for his insightful social and cultural critiques. His works, including *A Passage to India*, "Howards End," and "A Room with a View," often explore themes of class, social change, and the impact of British colonialism. Forster's writing is celebrated for its rich characterizations and keen observations on human relationships and societal norms. Though he wrote in the early 20th century, his novels remain relevant for their exploration of identity, belonging, and the complexities of personal and cultural interactions. Forster's contributions have left a lasting impact on English literature.

The title "Psychological and Cultural Conflicts in *A Passage to India*: A Study of Identity and Belonging" aptly encapsulates the central themes and issues explored in E.M. Forster's novel. The term "Psychological and Cultural Conflicts" highlights the dual nature of the tensions depicted in the story. On one hand, the psychological conflicts arise from the internal struggles of characters as they navigate personal identity and self-perception amidst colonial pressures. On the other hand, cultural conflicts are evident in the clash between British and Indian societal values, norms, and prejudices. The phrase "A Study of Identity and Belonging" emphasizes the novel's focus on how these conflicts influence characters' senses of self and their desire for acceptance within their respective cultures. Forster examines how colonialism disrupts and reshapes individual and collective identities, causing fragmentation and alienation. The quest for belonging is a recurring motif, reflecting the broader struggle to reconcile personal aspirations with the constraints imposed by colonial and cultural divides.

In *A Passage to India*, spirituality and religion are intricately woven into the narrative, shaping the characters' actions, relationships, and the broader cultural landscape of colonial India. E.M. Forster explores India's religious diversity, the characters' spiritual experiences, and the tensions between different religious groups. Spirituality and religion are multifaceted themes in this novel; Forster uses to explore the complexities of human experience and cultural interactions in colonial India. The novel explores deeply into India's rich religious diversity, the profound impact of spiritual experiences, the tensions between different religious

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communities, and a critique of colonialism's utilitarian use of religion. Through these themes, Forster presents a subtle and thought-provoking investigation of the spiritual and religious dimensions of life in colonial India. E. M. Forster's novel *A Passage to India* explores the complexities of English-Indian relations during the British colonial era. Central to the novel is Dr. Aziz, who is falsely accused of sexual assault by Adella Quested, a pivotal character in the story. Forster's reflections on India include the remark: "The reader of any book about India should remember as he closes it that he has visited only one of the Indians" (*A Passage to India* 361). Published in 1924, this first edition of *A Passage to India* is widely regarded as Forster's finest work and his final novel, despite his continued activity as a writer and critic for over four decades after its release.

The novel addresses the clash between Eastern and Western cultures, highlighting tensions between Imperialists and Indians, as well as conflicts related to class, race, and religion. It explores the broader theme of the collision between civilizations, communities, and individuals. Forster, a lover of the countryside and nature, was deeply influenced by his rural upbringing in England, which fostered a strong sense of companionship with the land. This appreciation for the countryside is evident in his novels, including The Longest Journey and Howards End.

A Passage to India was shaped by Forster's visits to India in 1912-1913 and 1921-1922, during which he maintained an open-minded perspective with friends like Dickinson and R. C. Trevelyan. While his friends went to Ellora and Ajanta to visit Caves and Temples, he stayed with Masood in Aligarh. Masood arranged a country sledding for Forster. At that time M.A.O. College was the center of Muslim Nationalism and the training ground for his leaders. From Aligarh he went to Lahore and stayed with Malcolm. Dickinson and Trevelyan were already there. From Lahore he went to Shimla and then to Agra and then Gwalior. He became the guest of Maharaja Vishwanath Singh Bahadur whom he describes in his life of Dickinson. India and the Indian landscape were inspiring him to write a new novel. He also went to Indore and stayed with Major Luard, the private secretary to the Maharaja of Indore. He became a good friend of the Maharaja of Dewas who had a deep influence on his life. From Gwalior he went to Allahabad and Benares. He went to Bankipore to meet Rasood. He also visited the Gaya and the Barber Hills which appeared as Marabar Hills in *A Passage to India*. He visits Jaipur, Jodhpur, Bombay and Mount Abu. He saw the Temples of Ellora. Masood's friend Ahmed Mirza had a younger brother named Abu Saeed Mirza. Furbank writes impact of India on Forster: "India had done much for him, it had broadened and matured him and distanced him from his youth" (Furbank 210).

A Passage to India, however, seen purely as a book about India, gives an exclusive and astir flick. As a delineation of India, in which aspect the novel is looked at in this chapter, it gives an honest, realistic and imaginative account and it is a complete view recorded at a particular stage in his interpretation of India. The novel ostensibly addresses the dissolution of the British Empire in India. It depicts the decline of British rule and the strong desire of politically conscious Indians to attain independence from British control. However, this represents only one aspect of the author's broader perspective. The other side of it, which is more important from his point of view, is concerned with looking at India and Indians, as such, independently of the political context.

Forster's initial visit to India was relatively carefree, and the darker themes of *A Passage to India* emerged from his later experiences. At the time of his first visit, the political atmosphere was comparatively calm. Previous unrest, triggered by Curzon's partition of Bengal, had been alleviated by the Indian Councils Act of 1909, which granted Indians a role in higher provincial administration. The Indian National Congress was still a moderate organization, convening annually to pass gentle resolutions that garnered little attention. During George V's visit to India in the winter of 1911–1912, the new King-emperor announced the transfer of the capital from Calcutta to Delhi. This was a step of sophisticated magnitude, but plainly from one aspect, it was a gesture of confidence on Britain's part, implying that there was no more need for a maritime escaperoute. The novel *A Passage to India* critically explores the limitations of a conventional approach to understanding India. Adela Quested, described as a "queer, cautious girl" from England, arrives in India with Mrs. Moore, an elderly lady, to visit Mrs. Moore's son, Ronny Heaslop, the city magistrate of Chandrapore. Adela's intention is to potentially marry Ronny and to experience "the real India," which she imagines as a series of romanticized clichés such as "an elephant ride" and "catching the moon in the Ganges." Despite her self-perception as unconventional, her view of India remains tied to these traditional fantasies. Mrs. Moore, tasked with escorting Adela and ensuring her son's marriage, is also interested in seeing notable sights.

The novel does more than critique the effects of moral and political domination; it highlights the interplay between nature and human conflict. Forster portrays Chandrapore as a place overshadowed by "mud, grey skies, buzzing flies, evil caves, floods, and merciless heat," presenting a landscape that contrasts sharply with the idealized imagery of India. The setting includes gloomy plains and rugged hills that seem to embody the harshness of the Marabar Caves, reflecting the discord between human creations and nature.

A Passage to India is dedicated to Syed Ross Masood, a young Indian Muslim whom Forster taught Latin in 1906. Their friendship deepened, though Forster's affection was not reciprocated, and they remained close until Forster's return to India. Masood was instrumental in introducing Forster to India's culture, history, and spirituality. Additionally, Forster's novel takes its title from Walt Whitman's poem "Passage to India" in the 1872 edition of Leaves of Grass, which inspired the novel's name. It was a startling and effective indictment of the Raj and it prompted them finally to decide that magnanimous paternal rule no longer had a future in India. Those icons which Kipling and Mrs. Steek had so lovingly erected were shattered by an author appealing to the postwar English cynicism and disillusionment with prevailing values. The traditional Anglo-Indian novel, with its wicked Brahman priests and tragic interracial liaisons, had scant credibility after 1924: having read his novel, readers were no longer willing to put up with the one-dimensional natives who were a standard feature of most Anglo-Indian fiction. A Passage to India was likewise credited with humanizing Indian characters; his delineation of them as complex and fully developed personalities was a welcome change. One Indian articulated his feelings in an article published in Nation and Athenaeum in 1928. Nirad C. Chaudhuri, in his book The Autobiography of an Unknown Indian, expresses these sentiments as follows:

• "When I read *A Passage to India*, I was filled with a sense of great relief and of an almost personal gratitude to Mr. Forster. This was not because as an Indian I felt myself vindicated or flattered by the book. Indeed to know one is not to feel flattered, as many an Anglo-Indian reader of the book has discovered before me. It was because for the first time I saw myself reflected in the mind of an English author, without losing all semblance of a human face" (Chaudhuri 518).

In his book *A Passage to India*, Mr. Forster has introduced the Oriental man into English literature in a novel way, elevating previously exotic and mythical representations to a level of profound human dignity. The portions of the novel written after 1921 are pervaded by his awareness of a new era. It is now too late for empathy and understanding: only when India is free will there is a basis for social relationships. This is the ultimate meaning of the final scene in the book, where the phrase "No, not yet" points with tentative hope to a future when Aziz and Fielding can meet as equals. In a letter from Hyderabad at the end of his 1921 visit, Forster calmly expressed his conviction that improvements in English manners could no longer satisfy Indian aspirations:

I have always been surrounded by pro-Government and pro-English Indians, which has limited my understanding of the opposing perspective. While I do not suggest that good manners alone can prevent political upheaval, they can mitigate it and may be more effective in the East than elsewhere. Over the past eight years, English manners have improved significantly; some have been frightened into change, while others have genuinely had a change of heart. However, it is too late. Indians have moved beyond the desire to socialize with Englishmen and have created their own lives. Whitman first published Leaves of Grass in 1855 and continued to add new poems with each addition until his death in 1892. Forster, a great admirer of Whitman's work, recommended Leaves of Grass to his audience during a 1942 BBC radio talk, stating, "his vastness, his warmth, and his fearlessness might very well knock you over" (Forster 123). Both Forster and Whitman explore themes of human solidarity, a concept central to Forster's first novel, Howards End, which famously includes the epigraph "Only Connect." The exploration of the potential for genuine friendship between British and Indian peoples in *A Passage to India* parallels the themes of unity and connection found in Whitman's Leaves of Grass.

• "Lo, soul! Sees thou not God's purpose from the first? The earth to be spanned, connected by network, The people to become brothers and sisters, The races, neighbors, to marry and be given in marriage, The oceans to be crossed, the distant brought near, The lands to be welded together" (Whitman 302).

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Forster's primary objective in *A Passage to India* mirrors his focus in his previous novel, Howards End: bridging gaps of social and racial isolation and striving to unite different races. In *A Passage to India*, this quest for connection is evident in the portrayal of the friendship between Dr. Aziz and Dr. Fielding. However, despite their genuine efforts, racial tensions and misunderstandings ultimately undermine their relationship, leading to its failure by the end of the novel. Forster explores whether true friendship can exist between Englishmen and Indians under the constraints of colonial rule, suggesting that the colonial status quo severely hampers the possibility of meaningful personal relationships.

The analysis will delve into the dynamics between Dr. Aziz and Dr. Fielding, examining why their attempt at friendship falters and what this reveals about human relationships in the context of British colonialism. Forster's first visit to India in 1912 inspired the initial chapters of the novel, which he drafted around 1913. However, as time passed, his engagement with other writing projects and the onset of World War I made it challenging to capture the essence of India authentically. By 1921, Forster returned to India as secretary to the Maharaja of Dewas, experiencing a politically charged and profoundly changed landscape. This renewed experience reinvigorated his writing, and he completed the final manuscript on January 21, 1924.

In Bombay, he planned to buy some cakes from a famous confectioner to send to Saeed, but with the boat leaving early, he had to hurry and leave the gift purchased. 'It's as if I am to do nothing for him lightly,' he sighed, consoled by Saeed's favorite saying, 'The accounts of friends are written in the heart.' Forster's portrayal in *A Passage to India* remains artistically steadfast, as noted in 'The Poetry of Iqbal.'

• "Forster was more attracted by Muslim civilization than by Muslim religion. Forster was more attracted by Muslim civilization than by Muslim religion. The tension between the Indians and the British was increasing and I listened to political and semi-political talk night and day, especially night" (Said 273).

Ronny Heaslop remarks to his mother, Mrs. Moore, "Aziz was slimy dressed, from tie-pin to spats, but he had forgotten his back collar-stud, and there you have the Indian all over: inadvertent to detail; the fundamental sluggishness that reveals the race" (*A Passage to India* 98). Despite these cultural and superficial differences, Aziz and Fielding develop a genuine friendship that transcends the barriers separating them. Knowing nothing of each other, they behave with connate affection and liberality towards each other. Even before he sees Fielding, Aziz likes the man and is prepared to give all his heart to the Englishman. His touching steer in parting with his collar-stud is proof enough of his volition to make friends with Fielding. When they meet face to face, Aziz's lively impulsion has the effect of releasing Fielding's devotion and mercy. Fielding realizes a change in Aziz and warms up. He gives a good response to Aziz's good will. Their friendship has been developing since their first meeting. Aziz and Fielding are lonely; as a result friendship is needed for them. The friendship between Aziz and Fielding is the emotional core of the novel. For both men, friendship is a usufruct adorably to be wished for, for each feels acutely the seclusion spatial to the human condition. They long for the esoteric understanding of the heart that might propitiate their discontents. Aziz belongs to a bourgeois society of Islam and is bound to the traditions of the community. Forster remarks:

• "Aziz was rooted in society and Islam. He belonged to a tradition which limited him, and he had brought children into the world, the society of the future. Though he lived in this string bungalow, he was placed" (Said 278).

India is a multicultural, multilingual, and multiethnic and multi religious country located on a geographical site with variances in atmosphere and seasonal changes. The same gets reflected in the religious practices of Indians. Though the majority of Indians follow Hinduism, they build up and inspire a different, positional culture in their own community. Every community has a different God, idol or deity, whom they worship. But at the same time they respect the variant versions of Hindu mythology. Similarly, the various gods that are supposed to be worshipped in the Hindu State of Mau are referred to as follows:

• "Beyond the Guest House rose another expanse of grey-green hills, adorned with temples that resembled small white flames. In that direction alone, there were over two hundred gods who frequently visited each other, owned numerous cows, were involved in the betel-leaf industry, and

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even had shares in the Asirgarh motor omnibus. Many of these deities were currently in the palace, enjoying them immensely; others, either too grand or too proud to make the journey, had sent symbols in their stead. The atmosphere was saturated with both religion and rain" (*A Passage to India* 150).

Richness and Complexity of Indian Religious Life: Forster presents a nuanced portrayal of the diverse religious landscape in India, highlighting both the depth of spiritual life and the tensions between different religious communities. Symbolism of Spiritual Experiences: The Marabar Caves serve as a powerful symbol of the mysterious and unfathomable aspects of existence, challenging characters' spiritual and existential beliefs. Potential for Unity amidst Tensions: The novel acknowledges the historical and cultural tensions between religious groups but also suggests the possibility of a deeper spiritual unity. Critique of Colonial Use of Religion: Forster critiques the British appropriation of Christianity for colonial purposes, contrasting it with the genuine spiritual engagement of Indian characters.

In conclusion, E.M. Forster's *A Passage to India* offers a profound exploration of psychological and cultural conflicts through its examination of identity and belonging in a colonial context. The novel vividly illustrates how the clash between British and Indian cultures generates deep-seated psychological struggles for individuals, influencing their sense of self and their interactions with others. The characters' experiences underscore the difficulties of navigating personal and collective identities within the constraints of colonial power and cultural dissonance.

Forster's portrayal of these conflicts reveals the broader implications of colonialism on human relationships and societal structures, highlighting the inherent challenges of achieving mutual understanding and acceptance. The novel's intricate characterizations and thematic depth provide a compelling critique of the colonial mindset and its impact on both personal and cultural identities. By examining these psychological and cultural tensions, Forster not only critiques the colonial system but also offers a timeless reflection on the human quest for connection and belonging amidst division. *A Passage to India* remains a significant work for its insightful analysis of the complex interplay between identity, culture, and colonialism, emphasizing the enduring relevance of its themes in understanding the dynamics of cultural conflict and personal identity.

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